

2012 RESA 4 Regional Science Bowl



Greenbrier East High School Science Bowl Champion

Morgantown, WV. This event is scheduled for February 2, 2013.

Greenbrier East High School emerged the winner with team members: Cory Williams, Joseph Sampson, Kayla Krausman, and Cody Sizemore. The coaches of the Greenbrier East High School team are Michael Maroney and Joan McCabe. Second place winner was Oak Hill High School with team members: Michael McGraw, Josh Lokant, Jacob Ivey, and Dustin Teel. McKayla Burgess and Brandon Murdock also attended as alternates. The coaches of the Oak Hill High School team are Tasha Yates and Vickie Lickliter.

The RESA 4 Regional Science Bowl is held each year in November. Special thanks go to Mike Holstine and Christine Plumley of the National Radio Astronomy Observatory in Green Bank, WV. Mr. Holstine served as the moderator of the event while Ms. Plumley served as one of the judges. Also special thanks go to Dr. Deborah Chun of WVUIT who served as one of the judges of the event.

The Summersville Convention Bureau and Conference Center was the site of the **19th Annual RESA 4 Regional Science Bowl on Thursday, November 8, 2012.** Eight teams from the region competed, including: Braxton County High School, Fayetteville High School, Greenbrier East High School, Meadow Bridge High School, Midland Trail High School, Oak Hill High School, Richwood High School, and Webster County High School.

The top two teams of this Bowl will go on to compete in the Annual West Virginia Science Bowl sponsored by the U.S. Department of Energy's National Energy Technology Laboratory (NETL) in



Oak Hill High School as Runner Up

Winter 2012

In this issue:

Science Bowl	1
Special Education and Staff Development	2
WVEIS and Medicaid	3
Resource Library Child Care Food Program	4
Bus Driver Updates Technology Dept.	5



Special points of interest:

- New RESA 4 Website... Check It Out
- Employee Wellness Program
- New Employees
- Hurricane Sandy Hits Local School

SPECIAL EDUCATION DEPARTMENT

It is hard to believe that the fall/winter months are upon us already. I hope everyone is recovering from our recent storm that devastated our entire region. I would like to take a moment to introduce myself. My name is Scott Cochran, and I am the current Special Education Director for RESA 4, effective on October 8th, 2012. I previously held the position of Director of Special Education for the Webster County Board of Education and also have experience as an Administrator at Webster County High School. I look forward to making contributions to all of our counties that are part of RESA 4 in the near future.

Our department has hit the ground running with providing some very informative training sessions within the past month; these would include new Eligibility requirements for Students with Learning Disabilities, Support for Personalized Learning, and Autism Teacher Training for new teachers. One of our major accomplishments with the collaboration of our RESA 4 Special Education Directors was to create the RESA 4 Student Assistance Team (SAT) document. This document has been finished and will be available on our new RESA 4 website very soon. We will continue to provide support to our counties in the areas of CPI training and have an important session scheduled for our county Special Education Directors and Chief Financial Officers covering the current Medicaid program which will take place on Nov. 27th, 2012 here at RESA 4.

I hope that each of you stay warm and enjoy the beautiful months that will be forthcoming around the holiday seasons.

Scott Cochran, Special Education Director



Instructional Coaches

On September 27, 2012, instructional coaches from the RESA 4 counties met to network and learn together. The coaches group meets bimonthly throughout the school year. Along with engaging in professional development designed to support the work of coaches, participants share ideas, resources and strategies. Facilitation of the group's first book study for the year, Pathways to the Common Core, is a shared responsibility.

To see our scheduled trainings visit our staff calendar at the link below
(click control + link):
[RESA 4 Calendar](#)



Tina Campbell, Greenbrier County

WVEIS Updates

The WVEIS Student and Finance County Contact Winter Conference was held **December 6-7, 2012**, in Charleston. If you were unable to attend, please contact our office for any updates or materials you may have missed.

When new programs are rolled out from the WVDE, the use of these programs (for security purposes) is dependent on the user having a WVEIS ID with access to WVEIS on the Web (WOW). Many of these new programs are for teacher use, such as the Teacher Evaluation and the Growth Data programs. A website has been developed by the WVDE Office of Information Systems to familiarize new users and teachers with WVEIS on the Web (WOW) and to facilitate the creation of teacher IDs. The website is <http://wveis.k12.wv.us/teachers/>. Please familiarize yourself with this page and the many resources available. While the RESA 4 WVEIS staff is here to serve your needs, we are not always able to help with programmatic/content issues for these new programs; we are only able to help with your access to them (user IDs and menu needs).

Feel free to call us if you are stuck though, because if we cannot help, we can most certainly direct you to the right contact for the program.

The data pulls for Highly Qualified Teacher will begin in late January/early February. Be certain that: any professional at a school is in the master schedule (teachers/administrators/counselors/etc.); any teacher who is responsible for a student's grade has that student in their teacher roster; correct course codes are being used; and correct employee IDs are attached to your staff in STU.240.

Before you know it, the 2013-2014 school year will be here, so now is the time to start thinking about scheduling, especially if you begin this process in the early spring. As we will no longer be able to offer course request scanning, please plan well in advance for your scheduling process needs. No matter the method of scheduling used, there is no fast/easy way to schedule, but sufficient pre-planning can make the process run smoother.

Contact the WVEIS Department (ext. 6) at RESA 4 if you have any questions.

MEDICAID UPDATE



The Medicaid Program is going really well for the few months that I have been here. My name is **Misty Carpenter**, and effective October 1, 2012, I took over as the Medicaid Specialist for Billie Rader. Before I came to RESA 4 I worked with Medicaid billing at a doctor/provider's office, so this was all very familiar to me. It is definitely a learning process, but I am catching on quickly to the many different needs of this program. I am starting to get comfortable with the billing process here; money is coming in more frequently and in larger amounts.

We have had quite a few new providers enroll in this program since I have been here, and hopefully we will continue to get more enrolled. I will soon be doing some traveling to our RESA 4 counties to oversee audits with the schools to assist them in correcting and maintaining the necessary documentation required for Medicaid Reimbursement. My goal is to work hard at keeping the Medicaid Program running smoothly, and that everything will be properly documented so all funds are adequately dispersed. I am grateful for the warm welcome that I have received, and I am looking forward to working at RESA 4 for many years to come. The staff and working environment are wonderful.

Visit
RESA 4 Resource Catalog Resource
Library Department at
<http://resa4.k12.wv.us>

One professional development tool is book study #1004.06 *A Strategic Teacher PLC Guide: Reading for Meaning – How to Build Students' Comprehension, Reasoning, and Problem-Solving Skills, Grades 1-12* (ASCD). ASCD describes this guide as "a complete professional development resource for a team of teachers (or PLC) to learn, plan, and implement the strategy in their classrooms."

Place loan request online; call 304-872-6440 / 1-800-251-7372 ext. 17; or fax 304-872-6442.



THE CHILD CARE FOOD PROGRAM

Six "Leap of Taste" trainings were held in three counties during the month of October. The main focus of the trainings was to share practical, how-to guides that follow the WV CACFP/Leap of Taste Nutrition Standards in child care homes.

The toolkits included a summary of the nutrition standards, information on choking hazards and allergies, 16 weeks of approved menus, 120 CACFP-reimbursable recipes with nutritional information, and a shopping list of items needed for every two-week cycle menu.

Also provided was a *Let's Party* book designed to promote healthy lifestyles and engage children in challenging games and physical activities, as well as provide healthy, festive foods in a positive environment!



The Chicken Dance, YMCA, and Milk Jug aerobics to Woolly Bully were activities that were used to demonstrate how "exercise activities" can be fun!

Let's Move WV!!!! Statewide Let's Move Challenge- "Call Me Maybe"

<http://wvde.state.wv.us/healthyschools/CallMeMaybe.htm>

Grab your video camera and creatively showcase your school using the song "*Call Me Maybe*" or create your own words to the music. Practicing for your video provides an opportunity to take a **Let's Move** activity break. Possibilities are endless!

The Health and Physical Education Teachers that attended the Health and Physical Education Leadership Academy created a model "*Call Me Maybe*" video representing teamwork, the school environment and a sample of Academy sessions. You can access this video at the WVDE Office of Healthy Schools website: <http://wvde.state.wv.us/healthyschools/>.

All videos must use the Harvard Baseball team signature move—*punch up right, punch up left, cross arms and punch, uncross at least for an 8 count in the video* (Sample in the Health and Physical Education Leadership Academy video).

Submission of hard copy of the video will enter your school into a drawing for either a Bose Sound Dock or, courtesy of American Dairy Association Midwest /Fuel up to Play 60, an IMotion Sound Dock. Give-Away to 6 elementary schools, 6 middle schools and 6 high schools. Schools drawn will be notified in January.

- *Deadline for hard copy submission—December 23, 2012*
- *Submit to Mary Weikle Building 6, Room 309, 1900 Kanawha Boulevard East, Charleston, WV 25305*
- *Schools are responsible for Media Release on any students shown in video*
- *Include School Name, County, Contact Name and email*

Contact **Cara Phillips**
Regional School Wellness Specialist
for any additional information at:
clphillip@access.k12.wv.us or
304-872-6440 ext. 19.



RESA 4 Bus Driver Training

There are currently four State Bus Driver Examiners utilized in RESA 4:

- ◆ **Fritz Deuly**, Braxton County
- ◆ **Terry McGuire**, Fayette County
- ◆ **Leon Shrewsberry**, Fayette County
- ◆ **George Brooks**, Greenbrier County

Our examiners have been very flexible in arranging their schedules to accommodate the students' examination times and locations. Seventeen students in four counties have been certified as bus operators since July 1; also, we welcome two trainers who have been recently certified as examiners.

In addition to the examiners above who also serve as our trainers, **Gary Hedrick** and **Herbert Shuck** from Greenbrier County and **Roy Garvin** from Webster County have conducted classroom, as well as, behind the wheel training.

RESA 4's County Transportation Directors have also been extremely helpful in the training process by providing our office with student training documentation and making necessary arrangements for our use of bus garage facilities and buses for training and testing purposes.

Gary Hough, Fayette County's Transportation Director, comments, *"Due to cooperative and hardworking trainers and great staff at RESA 4, Fayette County has been able to certify seven drivers since we have started working with RESA. The process is moving much quicker as we all become oriented. RESA 4 is greatly appreciated."*

The two WV State Bus Inspectors providing direction and oversight to our RESA are **Wes Stone** and **Dave Baber**. Their guidance in facilitating the training process is much appreciated.



Department of Technology

The RESA 4 Technology Department continues to provide low cost services to our six-county schools. The department is currently working on projects in each county ranging from computer repair to network installation, repair and troubleshooting.

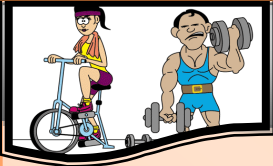
Also, please visit our newly designed website at <http://resa4.k12.wv.us>. This new format allows for easy navigation of the website and also provides users with much needed documents and links. The computer repair section of the website offers users the ability to request repairs from the site. The requests will be e-mailed to the Directory of Technology and, in turn, assigned to staff.



For questions and requests regarding the computer repair, sub-calling, and router departments, please call the Director of Technology, Aaron Williams, at 304-872-6440 ext.37, or email at alwillia@access.k12.wv.us.

We're on the Web (Click Control + Link)
<http://resa4.k12.wv.us>

Please visit our newly designed website; click on "Bus Driver Training" and expand all folders under "Document." There you will find helpful information utilized in our bus driver training program.



Design an Employee Wellness Program

In designing a school employee wellness program the goal is to create opportunities for physical activity and healthy eating. There are many approaches to reaching this seemingly simple step. One common entry-level approach is to hold a “biggest loser” contest. Everyone gets excited but in the end little has changed. These types of contests rarely create sustainable behavior change and 97% of the people who lose weight will gain it back without an ongoing process for sustainability. In addition, these contests often encourage unhealthy methods for quick weight loss.

How to implement a sustainable and effective school employee wellness program:

Start simple

Introduce only one or two activities. Make sure that they are easy to administer, low to no cost and visible to all. For example, plan a walk across America where participants keep track of their miles and plot the distance on a large map. When others, including students, can see progress your participants have built in incentives.

Keep time commitments short

Plan activities just before or right after school or during already scheduled meetings. Once buy in occurs so do time commitments. Remember, Rome was not built in a day so keep expectations reasonable.

Base activities on interest surveys

Sometimes you have to be creative. If it is too cold to walk outside then consider climbing and counting steps in your building with reaching the top of the Empire State Building as your goal. Or, choose a fruit that is in season for each month and track daily consumption.

“We become the people with whom we spend time” is an ageless and undeniable truth. So cultivate a culture of healthy school staff members and you are on your way to a healthier school community.

(ALLIANCE FOR A HEALTHIER GENERATION)



RESA 4 is pleased to welcome three new employees, effective October 1, 2012:



- **Scott Cochran**, Special Education Director
- **Misty Carpenter**, Medicaid Specialist
- **Missie Harris**, CACFP Monitor

They look forward to providing our counties with quality service.



Hurricane Sandy Destruction: Nicholas County Superintendent of Schools Beverly Kingery said various school facilities in the district were damaged in the storm. The most devastated were a couple of classrooms at Summersville Elementary. “We had a roof that buckled—it didn’t completely collapse but it was at the point of collapsing. We had to joist that up and jack that up and seal off those classrooms and take students to other available classrooms.” Kingery said she had originally hoped to get the damage to Summersville Elementary completed over the upcoming holiday breaks, but it appears those repairs will not get finished until sometime in 2013. <http://www.wvpubcast.org/newsarticle>

RESA 4 Department Contact Information

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Cara Phillips, Regional School Wellness Specialist

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Misty Carpenter, Medicaid Billing Specialist

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Kristy Mazzella, Business Manager

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 Phone: 304.872.6440 x 21

Vickie Johnson, Child & Adult Care Food Program Coordinator

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 Phone: 304.872.6440 x 24

Dana Thomas, 21st CCLC Program Director

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Sarah Lee, Technical Assistance Support Specialist for RESA 4, Office of Special Programs

Email: silee@access.k12.wv.us
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RESA 4 Regional Council Membership

Braxton County

Dennis Albright, *Superintendent*
 Kathy Parker, *Board Representative*

Fayette County

Keith Butcher, *Superintendent*
 David Arritt, *Board Representative*

Greenbrier County

Sally Dalton, *Superintendent*
 Bob Toothman, *Board Representative*

Nicholas County

Beverly Kingery, *Superintendent*
 Barbara Taylor, *Board Representative*

Pocahontas County

C. C. Lester, *Superintendent*
 Kenneth Vance, *Board Representative*

Webster County

Dr. Martha Dean, *Superintendent*
 Harold Carpenter, *Board Representative*

West Virginia Department of Education

Brenda Williams, *Executive Director Office of Instructional Technology*

Higher Education

Dr. Ron Childress, *Marshall University*

Teacher Representative

George Sumner, *Fayette County*

Principal Representative

Sue Anderson, *Webster County*

Chief Instructional Leader Representative

Terrance Beam, *Pocahontas County*

West Virginia Board of Education

TBA

RESA 4

Arthur Lowell Rogers Jr., *West Virginia Board of Education*

Main Phone Numbers

304.872.6440
800.251.RESA
(800.251.7372)

Telephone 'Help Desk' Lines

WVEIS 304.872.6440
ext. 11 and 12

Substitute Calling System

304.872.6440,
ext. 37 and 29
(available from
6:00 am until 2:00 pm)